Footpath 574006 From Kendal Road (C5058) at southern end Pepperhag Wood (North-west of Carus Green buildings) along south bank River Kent to parish boundary north of Carus Green.

Length of path 850feet/250metres(to parish boundary)

Wooden wicket-gate from road SD51112/94840

Finger-Post ("Public Footpath Kentrigg via River")+ waymark.

Through small area of woodland and onto golf-course

- then keep along south bank of river (river on your left)-
- cross track and pass bridge across river.

Continue along river bank with conifer hedge on right-

At end corner of conifer hedge (fence-post and collapsed wall on left)-

-parish Boundary reached at

SD51355/94858

Path continues as 536013 to Kentrigg and Burneside Road.